**Watermelon Smoothie**

Prep time: 5 min Cook time: 0 min

**Ingredients:**

* 3 cups diced watermelon pieces (ensure all seeds are removed)
* 1 cup strawberries
* ½ cup vanilla yogurt
* ½ tbsp honey
* ½ cup unsweetened cold almond milk
* 3 tbsp fresh mint leaves
* 1 tsp chia seeds
* ½ tsp flax seed powder

**Instructions:**

* Blend everything in a blender and serve chilled